

NEW PERCEPTIONS

DRUG & ALCOHOL TREATMENT PROGRAM

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Timeline of Expectations for the first 30-60 days of Treatment

Once the client has been admitted into in-patient treatment, you can expect the following:

- The first two weeks of in-patient treatment are typically considered a "blackout period" for outside communication. During this time, the client will be creating healthy habits, working in groups, goal-setting, attending meetings, and doing homework. They won't have outside phone privileges or visitation until certain goals have been met.
- Clients will be asked to adhere to the rules and regulations of the treatment facility and respect their housemates.
- Clients will begin to build healthy habits including attending meetings outside the treatment facility, seek out a sponsor, and establish daily routines. Fitness and physical activity opportunities are available for every client.
- CEO and Program Director, Thelma Gatlin will schedule a weekly phone call with one family member to provide progress updates and set-backs, recommendations for further treatment, and provide the opportunity to ask questions. This client privilege can only be extended to family members with written approval by the client in treatment.
- Family visitation is Sunday's from 2pm-5pm with prior approval from Thelma Gatlin.
- Family members are encouraged to seek out support while their loved one is in treatment. California Central Valley clients are recommended to connect with PAIN, Prescription Abusers In Need.